



25 Bullet Points

on

Consciousness?



Consciousness is fundamentally an ontological presence, meaning:

It apprehends consciousness in itself.

Consciousness is independent of the function of consciousness of objects.

Depth begins to open up.

Knowledge is a fundamental mode of existence.

What we are is more fundamental than all the content of our experience - sensations, feelings, emotions, thoughts, images, symbols, ideas, concepts...

It is beyond time and space.



Pure Consciousness is Pure Existence

- Consciousness is the experience of pure existence.
- The source of mind.
- The seed of all experience, the root of all concepts.
- Awareness that includes our capacities of perception and experience.
- Consciousness is the underlying ground of everything.
- Pure consciousness is nonconceptual.



Characteristics of Universal / Cosmic Consciousness

It is a Presence.

Presence is experienced as the very stuff of consciousness.

It is the substance of light - "light upon light".

It is Love, an ocean of Love that is conscious, the Loving Light

It is boundless.

It pervades everything and extends infinitely.

It is the nature and substance of all existence

Common experiences of universal consciousness:

Being an infinite and boundless ocean of presence or love or consciousness.

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Experiencing divine love for everybody and everything.

Our body and the universe appear as forms arising out of the primordial substance of consciousness.

Diamond Consciousness

- One feels clear and objective.
- One's consciousness becomes sharp, precise and luminous. There is an immediate sense of a brilliant and precise intelligence.
- One's consciousness becomes crystal clear, exquisitely objective but alive.

[Read the Article](#)

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